

**CONNECTICUT INTERSCHOLASTIC SKI LEAGUE**

**RACE OPERATIONS GUIDE**

**2019**

**S CONFERENCE  
M CONFERENCE  
L CONFERENCE**

## **RACE OPERATIONS COMMITTEE GUIDELINES**

Establish and provide race rules, procedures, and guidelines to The Board of Directors (The Board) for review and implementation.

Fine tune and explore new avenues for racing operations.

Consult with The Director when necessary.

### **TEAM SCORING**

#### **GS VARSITY RACES**

The top 10 names on each start list are designated as Varsity racers.

Total team score is the sum of the fastest 6 combined times from the V racers.

Mixed teams race under the boys' format, on the boys' courses as boys' teams.

#### **GS JUNIOR VARSITY RACES**

All names on the start list from number 11 on are designated as JV racers.

Total team score is the sum of the fastest 4 combined times from the JV racers.

### **RACE COURSE FORMAT**

**A Coach, Athletic Director, or a school representative officially designated in writing by the principal must accompany his or her team to every CISL race.**

#### **GIANT SLALOM - Regular Season Races**

Each Varsity (V) team can seed up to 10 V racers.

Racers seeded from 11 on will be designated as Junior Varsity (JV).

Each racer skis 2 runs.

Racers DSQing on the 1st run will be permitted a 2nd run.

4 courses will be set according to snow conditions and number of racers.

Girls V ski Red first, Green second

Girls JV ski Green first, Red second

Boys V ski Blue first, Yellow second

Boys JV ski Yellow first, Blue second

Helmets approved for ski racing according to the FIS 2013 regulations must be worn in addition to goggles by all racers in CISL races. Helmets or slalom specific face protection must be worn in all SL races.

## **STATE TEAM SHOOT OUT RACES**

A GS Qualifier will be held first, followed by a Slalom Qualifier at a later date. Each racer skis 3 runs per race, best 2 out of 3 runs will be scored. Girls from mixed teams will race on the girls' course.

### **GS Race:**

- Maximum of 50 boys and 50 girls, or 100 combined. Only qualified contenders should be sent as recommended by their coach.
- Helmets approved for ski racing according to the FIS 2013 regulations must be worn in addition to goggles.

### **Slalom Race:**

- Top 30 boys and top 30 girls from the GS will be invited to the Slalom race.
- Slalom specific face protection or helmets approved for ski racing or must be worn in addition to goggles.
- Combined scores from both races will determine the CT State Teams. The top 12 girls and top 12 boys will be invited to the Eastern High School Championships.

## **CONFERENCE CHAMPIONS**

Awards of 1st, 2nd, and 3rd place will be given for each conference based on the regular season race records within each respective conference.

In any case involving a tie, the following tie breakers will be used in the order presented:

- 1) Head to head results from the date any two teams officially competed
- 2) Overall CISL records
- 3) Results from the State Open Division Race

## **STATE CHAMPIONSHIP RACE, GS**

Teams with season records of .500 or better, according to the overall records in all conferences combined, will qualify for the race.

- Each qualifying team can seed up to 10 racers.
- There will be 2 courses, 2 runs. Girls and boys will ski 1 run on each course.
- Racers DSQing on their 1st run will not be permitted a 2nd run.

- Awards will be given for the top 3 finish positions.
  - Mixed Division teams race against the boys' teams.
  - Helmets approved for ski racing according to the FIS 2013 regulations must be worn in addition to goggles.
- Each racer must be considered in regular attendance according to the rules of the school he or she represents in order to compete in any CISL sanctioned race.
  - Each racer must compete in a minimum of 3 regular season CISL races in order to compete in any CISL Championship races. Medical issues are eligible for special consideration by the CISL Board of Directors.
  - All regular conference races will be held at Mt. Southington or Mohawk Mtn.
  - A site for the Shoot Out and Championship Races will be determined by January 15.

### TRAINING SESSIONS

- Training sessions are not run by, nor are they the responsibility of the CISL.
- Training sessions are available at the mountains - please contact them directly to arrange your training schedule.
- The ski areas require a coach or adult advisor be present on the hill during all training sessions.

### AWARDS

**All State recognition:** All State Plaques will be awarded to the top 10 girls and top 10 boys in each division. Honorable Mention Plaques will be awarded to the 11th - 15th place finishers. These standings will be based on the results of the regular season GS races.

**Team CT recognition:** Team CT Plaques will be awarded the top 12 girls and the top 12 boys qualifying for and present at the Eastern High School Championships.

**Conference Championship:** Trophies, as well as ten individual medals, will be awarded to each of the 1st, 2nd, and 3rd place teams within each conference.

**State Championship Race:** Trophies, as well as ten individual medals, will be awarded to each of the 1st, 2nd, and 3rd place teams. The team with the best overall time will receive the State Championship Trophy. This trophy will be retired to any team winning it for 3 consecutive years.

## **COACHES' RESPONSIBILITIES**

- Coaches must sign and return a copy of the CISL Racing Rules, along with a signed eligibility form and team roster, to The Director by the designated date.
- Review the Race Rules with athletes prior to the start of the season and whenever deemed necessary.
- Notify the CISL director of any school weather cancellation on race day:  
jack@cislracing.com
- Complete and post start lists to the CISL website by 3:00pm on race day.
- Provide a minimum of 1 gate judge for each race in which they are racing.
- Pass out lift tickets and race bibs to their team.
- Ensure racers are properly equipped and on time for their start. Any racer not present and ready for their start will be DSQed.
- Report any interference a racer encounters to the Head Race Official.
- Request any reruns a racer may be entitled to from the Head Race Official.
- Review the race results and report any discrepancies to The Director.
- Act as a member of a race jury after any race if required.
- Return all bibs assigned to their team to the Head Race Official immediately following the race.

See CISL Racing Rules for specific racing rules.

## **RACER RESPONSIBILITIES**

- All racers must read, understand, sign, and return a copy of the CISL Racing Rules. In doing so, all racers agree to abide by, and adhere to, all of the CISL rules in spirit, operation, and intent.
- **DISCIPLINE:** Any racer excluded, expelled, or suspended from any CISL race will also be suspended from his or her team's next CISL race, regardless of the level of that race.

## **GATE JUDGE RESPONSIBILITIES**

- At least 1 gate judge must be supplied by each team at each race.
- Review the CISL Race Rules prior to each race.
- Meet with the Head Race Official 30 minutes prior to each race to review gate sequences and gate judge positions.
- Call in each DSQ (with an explanation of the fault) via radio and maintain a proper gate judge card for collection at the end of each run.
- A Head Gate Judge will collect the gate judge cards and report to the Head Race Official after each run.

## **HEAD GATE JUDGE RESPONSIBILITIES**

- Meet with the gate judges 30 minutes before each race to assign positions, radios, and gate judge cards.
- Receive and correlate all information from the gate judges by radio contact or by collecting gate judge cards after each run.
- Report DSQ's to the Head Race Official and score keepers after each run.

## **SCORE KEEPER RESPONSIBILITIES**

- Distribute lift tickets and race bibs to the coaches, and collect payment for lift tickets.
- Post race times on the scoreboard as they become available from the race officials.

## **RACE JURY RESPONSIBILITIES**

Each race jury will consist of 3 coaches chosen by The Director when scheduling is completed. A revolving system will be used utilizing 3 of the coaches present at each race, ensuring all coaches will be involved during the year.

- Review the CISL Race Rules before each race.
- Identify themselves to the Head Race Official prior to the start of the race.
- Be available to help the Head Race Official if requested.
- If one or more jury members' team is involved in a decision, the Head Race Official may appoint other coaches and/or himself to replace those jury members.

## **HEAD RACE OFFICIAL RESPONSIBILITIES**

- Review the CISL Race Rules before each race.
- Meet with the coaches 30 minutes prior to the start of the race to review CISL rules and discuss race day concerns.
- Be responsible for decisions regarding DSQ's and reruns.
- Report reruns to the mountain race official for announcement.
- Confer with gate judges regarding DSQ's.
- Post DSQ's immediately and report DSQ's to the mountain race officials.
- Meet with the race jury when necessary regarding more difficult decisions.
- Ensure the gate keeper sign in sheet is properly filled out and returned to the Director/mountain personnel.
- Receive race bibs from the coaches and return them to the mountain representatives.

## **SKI MOUNTAIN OFFICIALS**

- Install CISL supplied software in their computer.
- Sort bibs to team start orders.
- Receive and input team race start lists (V and JV).
- Supply each coach with 2 copies of the start order.
- GS Races: set 4 courses.
- Slalom Races: set 2 courses.
- Announce the start of the 1st and 2nd runs 10 minutes prior to those starts.
- Races are to start promptly at 4:40pm.
- Be responsible for the race starters, courses, gates, finish area maintenance, and supplying required number of gatekeepers.
- Announce reruns immediately after they have been informed of them and ensure those racers are allowed to the front of the start line as soon as they are ready.
- Input final times to CISL race program.
- Bill the CISL for race courses and computer data input.
- Provide each school with 2 complimentary lift tickets for their coaches.